

Girl Scouts North Carolina Coastal Pines invites girls, families, and volunteers to stay involved while at home. We know that today's girl is ready to pivot in a moments notice and is willing to embrace new ways to explore Girl Scouting. That's why we're promoting these options for engaging with us while you're at home today ... or any day!



**TRADITIONS** encourage Girl Scouts to continue to maintain a connection with the Girl Scout traditions. Each Tuesday we'll share ways for you to learn about, celebrate, and practice traditions that are at the heart of the Girl Scout Movement. As Girl Scouts we've been dancing with our sisters since we got started. Let's look at how you can use your dance moves to earn a patch, badge or Journey.

## Make Every Dance Step Count

The Make Every Dance Step Count is a council patch program for Girl Scout Daisies through Ambassadors. Have fun and get energized as you groove through the world of dance! This patch program will introduce girls to dances from around the world. Learn about the moves to help keep your body fit, flexible, and in shape. The program includes dance steps to learn, stretches you can do, and is a great way to get your troop up and moving.



We're encouraging everyone to use the [online evaluation and patch order form](#).

## Brownie Dancer Badge

Calling all Brownies! Want to learn fun warm-ups, perform steps from new dances, and make a dance of your very own? With the Brownie Dancer Badge you'll do just that! When you've earned this badge, you'll have explored the world of dancing—and found the dancer inside of you.

## Junior Get Moving! Journey

In this Journey, fourth and fifth graders become leaders who energize, investigate, and innovate as they explore their own energy, the energy of their places and spaces, and the energy of getting from here to there. Along the way, Dez, the fashionista spider, learns right along with the Juniors. The girls will also meet energizing artists, cooks, engineers, and architects as they "Get Moving" to get others moving, too. Imported.

**Need a copy of a badge or Journey?** While our shops are closed, please feel free to [shop online](#) or [email](#) us for merchandise needs. We will provide free shipping within in our council footprint on orders emailed to us (please provide phone number in email so we can call you for payment details).

## Raise your voice and sing along to the Girl Scout anthem!

It's important that we continue to stay connected to one another. Singing and dancing is a great way for us to feel connected and have fun! So give it a try, sing our anthem and know that your singing alongside your Girl Scout sisters. Our powerful anthem, "[Watch Me Shine](#)," explores how Girl Scouts find the strength and confidence to lead the way, every day—and create meaningful change in themselves and their communities. Written by Grammy Award-winner Liz Rose and performer Emily Shackelton (both Girl Scouts themselves!), the tune also features Girl Scouts on backup vocals.

Download now: [iTunes](#) | [Amazon](#) | [Google Play](#) | [Girl Scouts' Official Online Store](#)



**Questions?** [programteam@nccoastalpines.org](mailto:programteam@nccoastalpines.org)

[www.nccoastalpines.org](http://www.nccoastalpines.org)